



LAS-Learning

# Course Organisers Instructions

EU Module 3.1 - Basic and appropriate biology -  
Species specific: Mouse

Development of interactive e-learning modules on specific areas of the Education & Training framework facilitating implementation of DIR 2010/63/EU

Contract n. ° 09200200.A092004/2021/862589/SER/ENV.B2

**Authors:**

Manuel Berdoy  
Vootele Voikar

12/02/2025

v2.0 Second document version

Supported by:



Partners:

**ONESOURCE**  
Consultoria Informática Lda.





## ***Table of contents***

<b>1. Module Description</b>	<b>2</b>
a. Overview	2
b. Learning Objectives	2
<b>2. Course Program</b>	<b>3</b>
a. Progress Tracking	3
b. Model Structure and Implementation Guidance	4
c. In-Depth Explanation Lesson by Lesson	4
<b>3. Participants' Profile</b>	<b>7</b>
<b>4. eModule</b>	<b>8</b>
a. Limitations	8
b. Blended Learning Approach	8
<b>5. Implementing Blended Learning Strategies</b>	<b>9</b>
<b>6. Textbooks and Reading Materials</b>	<b>10</b>
<b>7. Notes</b>	<b>11</b>
a. Course Organisers' Feedback Form	11
b. Course Participants' Feedback Form	11



# 1. Module Description

## a. Overview

This module, *Basic and Appropriate Biology—Species Specific: Mouse*, provides essential foundational knowledge on the species-specific behavior and biology of laboratory mice. It emphasises the importance of aligning mice's natural biology with appropriate husbandry practices and research methodologies. Understanding these aspects is vital for ensuring ethical standards, reproducibility, and external validity in research involving this widely used model organism. By integrating this knowledge, researchers can optimise both animal welfare and the scientific quality of their studies.

This document provides guidance and suggestions to support the course organiser's efforts. Each module is aligned with the learning outcomes outlined in the EU Education & Training framework for laboratory animal science.

We recommend consulting the EC Training and Education framework [guidance document](#) if you are accessing the site independently. This resource offers an overview of training requirements for individuals with different responsibilities under their relevant national legislation.

Further reading and additional education and training may be necessary to meet national or institutional training requirements. At the end of each module, you will find a list of recommended further readings and references cited throughout the content. Links to these references are provided whenever possible.

This module was developed by Manuel Berdoy and Vootele Voikar, two renowned experts with extensive experience researching, publishing, and training in the behaviour and biology of rodents. The module was revised further by an international Reflection Group panel. Coordination was carried out by Nuno H. Franco.

*The module is currently in the testing phase. We appreciate your collaboration in integrating it into your courses and providing feedback. After completing a module, please fill out the form below with your feedback.*

## b. Learning Objectives

This module will equip participants with essential knowledge and skills to navigate animal research's ethical, legal, and practical aspects. The key learning objectives include:

1. Mice and rats are rodents.
2. Rats and mice strains.
3. Using rodent biology to inform research practice.
4. Mouse Biology and Behaviour.



## 2. Course Program

The module is organised into different chapters, with lessons and learning objectives for the participants as follows:

Chapter	Lesson	Learning objectives
<b>Introduction: Rats and Mice</b>	1	Get to know the learning objectives
<b>Mice and rats are rodents</b>	2-4	What are rodents? Rodents gnaw... Short life span - but why?
<b>Rats and mice strains</b>	5-7	Genetic Background matters Types of Strains The importance of nomenclature
<b>Using rodent biology to inform research practice</b>	8-15	Know your animal Being Active at Night Being a Prey Species Assessing Welfare: the score sheet Prioritising senses differently From a complex world to a simple cage Standardisation vs Reproducibility Rats vs Mice
<b>Mouse Biology and Behaviour</b>	16-27	Wild Mice and Laboratory Mice Handling Mice The Life of a Mouse in Numbers Sensory Biology Reproduction and Social Behaviour Mouse Nesting Feeding Recognition of Pain and Stress Anatomy and Physiology
<b>Summary and knowledge check</b>	25-27	Summary References and Further reading Knowledge check

Table 1 - Learning objectives per parts and lessons.

### a. Progress Tracking

Once learners begin working through a module, their progress is automatically tracked. This allows them to pause and resume their studies at any point. Upon completing the module, learners retain access to all sections, enabling them to revisit and review specific topics to reinforce their understanding.



## b. Model Structure and Implementation Guidance

The module is structured into several parts, which were designed to be followed in sequence but can also be taken iteratively based on the learner's needs. Please note that a **certificate of completion** is issued exclusively to learners who finish all parts of the module.

If proof of completion for a specific part is required, trainees can provide a screenshot of their progress, as the module tracks and displays the completion status after each part. This allows for flexibility while maintaining accountability for partial or full completion.

From a pedagogical perspective, each tutor is responsible for deciding which materials to use in face-to-face sessions, which parts learners should complete independently, and whether to mandate their completion. However, it is essential to consider the time required to complete the eModule or its parts to avoid overburdening learners.

We highly recommend completing the module to ensure it aligns with your course's content and scope. Familiarising yourself with the material will also enable you to engage more effectively with students on the various topics covered in the eModule.

## c. In-Depth Explanation Lesson by Lesson

Lesson	Title	LO	Explanation
1	Introduction		Short introduction with 3 photos and one list of learning outcomes for the module.
2	What are rodents?	3.1.1	Rodent taxonomy and characteristics represented with 3 photos and 1 diagram.
3	Rodents gnaw...	3.1.1	Rodents gnaw are represented in 1 collapsible of 2 windows with 2 images, and 2 more images outside.
4	Short life span - but why?	3.1.1	Why do rats and mice have a short life span, represented with text.
5	Genetic Background matters	3.1.7 3.1.8	Genetic background represented with 1 diagram and 1 list.
6	Types of Strains	3.1.7 3.1.8	Types of strains represented in 1 line chart, 1 interactive labelled image, 1 collapsible and 1 bar chart.
7	The importance of nomenclature	3.1.7 3.1.8	Nomenclature description represented with 2 photos, 1 diagram and 1 collapsible with 2 windows.
8	Know your animal	3.1.3	"Happy Animals make good science" description represented with 1 collapsible.
9	Being Active at Night	3.1.1	Rodents' activity at night represented in 1 video and 1 tab with 2 windows with 2 line charts.
10	Being a Prey Species	3.1.2 3.1.3 3.1.4 3.1.6	Finding shelter represented with 4 photos and 1 video. How to handle rodents represented with 2 videos. Recognising pain represented with 3 photos and 1 collapsible.



11	Assessing Welfare: the score sheet	3.1.9	Score sheets description represented in 1 table and 4 matching quizzes. Score sheet example represented in a table.
12	Prioritising senses differently	3.1.1	Senses description with 1 video.
13	From a complex world to a simple cage	3.1.4 3.1.6	Environmental enrichment represented in 1 collapsible, a 4-window tab with 2 videos and 2 images. Life in cycles description with 1 interactive labelled image, 1 video and 4 photos.
14	Standardisation vs Reproducibility	3.1.3	Standardisation vs Reproducibility description with text.
15	Rats vs Mice	3.1.4	Differences between mice and rats represented with 1 photo and 6 videos.
16	Wild Mice and Laboratory Mice	3.1.1 3.1.7	Wild mice represented in a photo with description. Lab mice represented in a photo with description.
17	Handling mice	3.1.1 3.1.3	principles of handling demonstrated with 2 videos
18	The Life of a Mouse in Numbers	3.1.1	Relevant biological data represented in 2 tables.
19	Sensory Biology	3.1.1	Senses of the laboratory mouse description in 1 timeline.
20	Reproduction and social behaviour	3.1.1	Reproductive biology of mice description represented with 2 figures. Social behaviour and aggression description, and 1 exercise with 4 flip-cards.
21	Mouse nesting	3.1.6	The importance of nesting material, with 4 photos
22	Feeding	3.1.5	Description of nutrition with 4 photos.
23	Recognition of Pain and Stress	3.1.2	Stress, distress and suffering description with 1 list and 1 image.
24	Anatomy and Physiology	3.1.1	Skeleton, External Genitalia and Digestive system represented in 4 labeled figures. Exercise to distinguish male and female with 4 flip-cards.
25	Summary		Module summary
26	References and Further Reading		References for additional materials
27	Mouse Knowledge-check		Assesses progress and knowledge acquired about mouse during the module

Table 2 - Explanation lesson by lesson.



### **3. Participants' Profile**

This module is tailored for a diverse audience, including (bio)medical researchers, participants in laboratory animal science courses, university students, biology/medical educators, animal welfare body members, regulators, and individuals seeking a deeper understanding of animal research ethics.

No specific prior knowledge is required to participate. However, familiarity with bibliographic database searches and a foundational background in laboratory animal science or non-animal methods may benefit participants. Organisers should consider this when planning the course structure and support materials.



## 4.eModule

The eModule provides clear definitions, essential knowledge, and interactive components designed to enhance understanding of key animal ethics theories and develop critical thinking skills. Participants will learn to ethically frame and evaluate animal research from a broad perspective and a case-by-case approach.

The content and references are curated from expert sources, including researchers and information specialists, ensuring high-quality and reliable information. The module is presented dynamically, combining text, images, built-in exercises, and videos to engage learners effectively. It can be integrated into courses as homework or used during a lecture day. Many lessons are designed to deliver comprehensive information and understanding without additional in-class interaction.

### a. Limitations

The module provides a foundational understanding of laboratory mice, serving as a starting point for those new to the subject. However, it is not intended to be an exhaustive resource. To ensure robust and ethical research practices, additional resources, specialised training, and ongoing education are crucial. For those seeking to deepen their knowledge, the module includes a curated list of references and further reading recommendations, offering valuable pathways for continued learning and professional development.

### b. Blended Learning Approach

E-learning modules offer significant advantages, particularly for learners who may find it challenging to attend traditional intensive training sessions spanning several days. Such sessions can disrupt work schedules and limit participants' ability to balance learning with other responsibilities. While this eModule covers all required learning outcomes, we do not advocate entirely replacing face-to-face teaching (or "live" online discussion sessions) with e-learning. Instead, we recommend a blended learning approach (hybrid or mixed-mode learning). This approach combines the flexibility of e-learning with the engagement of interactive, live sessions, ensuring that learners receive the necessary information while accommodating those who require greater flexibility.

The modules are split into short, manageable lessons, allowing participants to integrate learning activities into their daily schedules seamlessly.





## 5. Implementing Blended Learning Strategies

### Flipped Classroom Arrangement

Before face-to-face classes, learners are introduced to the course contents (for example, by completing our e-learning modules). You can recommend that learners take the whole course (and request a certificate of completion) or focus on specific lessons or chapters.

This approach can:

- Familiarise learners with the content in advance, helping them better understand complex concepts.
- Prepare and motivate learners to engage more actively in their learning and during face-to-face classes.
- Harmonise learners' knowledge levels before in-person classes.
- Provide sufficient background knowledge for group work, allowing for more focused and productive discussions.
- Provide a starting point for interactive discussion.

### Consolidate Learning and Prepare for Exams

The courses are designed to align with the learning outcomes of traditional laboratory animal science courses. Learners can use each module to study and prepare for the final exam. Additionally, the built-in quizzes allow learners to test their knowledge and track their progress.

### Address Expertise Gaps in Your Facility

Gathering expertise across all subjects covered in the EU-functions modules can be challenging, especially in smaller establishments. This may hinder the ability to deliver training that meets all outcomes of the Education and Training framework to a high standard. Using these modules as a basis, tutors and learners can access quality reference material that could mitigate such gaps and ensure education and training are up to standard.

### Use Modules as Teaching Resources

Tutors can integrate various components—such as text, videos, images, interactive exercises, and quizzes—into their teaching activities. This not only boosts engagement but also caters to different learning styles. For each module, we provide suggestions for topics that can be incorporated into interactive discussion sessions.



## 6. Textbooks and Reading Materials

The “**References and Further Reading**” lesson provides most references and readings. They comprise scientific articles, sections of books, websites, and videos. Clicking on any link will open a new window to download or visualise the additional material. Several links to further resources can also be found in the module contents to better guide the reader.

The additional materials provide more information on specific topics, tools, and resources. They are ideal for learners who wish to expand their knowledge or gain a more comprehensive understanding of the issues.



## 7. Notes

We are committed to constantly improving our modules to ensure they effectively meet our users' needs. Your valuable insights and suggestions are vital to testing the modules to achieve this goal.

### a. Course Organisers' Feedback Form

We highly value your input as a course organiser. Please take a few moments to complete the form linked below. Your feedback will provide invaluable insights to help us refine and improve our modules, ensuring they meet your needs and those of your learners.

[https://forms.uu.nl/universiteitutrecht/TestReview\\_LASlearning\\_CO](https://forms.uu.nl/universiteitutrecht/TestReview_LASlearning_CO)

### b. Course Participants' Feedback Form

As you deliver the courses to your participants, please share the link below with them. This will allow us to gather their perspectives and insights, helping us enhance the learning experience for future users.

[https://forms.uu.nl/universiteitutrecht/TestReview\\_LASlearning\\_CO](https://forms.uu.nl/universiteitutrecht/TestReview_LASlearning_CO)